



**Aesthetics by Constance**  
**1660 South Albion Street**  
**Tower 1660, Suite 1004**  
**Denver CO 80222**  
**(303) 995-1344**

**Client Information**

-Please write legible-

Name \_\_\_\_\_ Today's Date: \_\_\_\_\_

Your Address (City, State, Zip)

---

Work/Cell (circle one) \_\_\_\_\_

Email Address \_\_\_\_\_

Date of Birth (month/date) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

1. How did you hear about us? \_\_\_ Advertisement  
2. \_\_\_ Family/Friend
2. Would you like to receive special promotions and offers via email? Yes/No
3. Confirm appointment by text, call, email? (Circle one)



### **Medical Background**

**For Women Only:**

Are you trying to become pregnant? (Circle one) Yes/No

Are you pregnant or lactating? (Circle one) Yes/No

Have you ever been told you have Melasma or pregnancy mask? (Circle one) Yes/No

1. Have you ever received professional skin care/aesthetic treatments? Yes / No

If yes, what type? \_\_\_\_\_

2. Have you been under the care of any physician, dermatologist, or other medical professional within the past year?

If so please explain: \_\_\_\_\_

3. List any medications, supplements, or herbal/homeopathic remedies you currently take: \_\_\_\_\_

4. Are you using any topical medication or exfoliating acids like salicylic or glycolic? (Yes / No)

If yes, explain:

\_\_\_\_\_

5. Have you ever had an adverse reaction to a product? (Yes / No) If yes, explain:

\_\_\_\_\_

6. What products are you currently using on your face?

\_\_\_\_\_

7. How would you rate the overall quality of your skin? (Circle one)

POOR          FAIR          GOOD          VERY GOOD EXCELLENT

8. What improvements would you like to see to your skin?

\_\_\_\_\_

9. When exposed to the sun, do you: (circle one)

ALWAYS BURN    USUALLY BURN          SOMETIMES BURN          RARELY BURN    NEVER BURN

10. How much UV exposure do you get? (sun tanning, tanning beds, commuting) \_\_\_\_\_



11. How many glasses/cups of water do you drink
12. How much caffeine do you consume in a day? \_\_\_\_\_
13. Do you smoke? (Circle one) Yes/No
14. On a scale of 1-10, how would you rate your current stress level?  
**(LOW) 1 2 3 4 5 6 7 8 9 10 (HIGH)**
15. How often do you exercise? \_\_\_\_\_
16. How many hours of sleep do you get a night? \_\_\_\_\_
17. Have you ever been treated for: (Circle all that apply)
- Acne   Depression   Skin Disease   High Blood Pressure   Frequent Cold Sores  
Diabetes   Skin Cancer   Hormone Imbalance   Hepatitis   Herpes   Skin Lesions  
Keloid Scarring   Metal Bone Pins/Plates
19. Do you wear contact lenses? (Yes / No) and Are you wearing them now? (Yes / No)
20. If you wear a hormone or nicotine patch, please indicate which kind and where you wear it:  
\_\_\_\_\_
21. Are you bothered by scents, oils or lotions? Have you ever had an allergic reaction (to anything) ect. food, sunscreens, or AHAs? (Yes / No)  
If yes, explain: \_\_\_\_\_
22. Do you use Retin-A, Renova, Adapalene Hydroxyl Acid, Deferin, Glycolic Acid, AHA, Salicylic Acid, or any Vitamin A/Retinol derivative? Yes / No If yes, have you used these products within the last 3 months? Yes / No
23. Have you ever used an acne medication? If yes, when?



**Client Self-Assessment, WOMEN ONLY:**

1. Do you have any of the following (mark in parenthesis) :  
Scar ( ) Stretch Marks ( ) Hyper-pigmentation ( )

2. Do you suffer from any of the following (mark in parenthesis) :  
Acne ( ) Oiliness ( ) Psoriasis ( ) Blackheads ( ) Dehydration ( )  
Vein Circulation Problems ( ) White Heads ( ) Eczema ( ) other ( )

**Client Informed Consent to Treatment**

- I have not used a scrub, Retin-a, take home microdermabrasion or glycolic peel in the last 72 hours \_\_\_\_\_initial
- I understand that with any treatment certain risks are involved and complication and/or side effects from known or unknown causes would occur, I freely assume these risks \_\_\_\_\_initial
- I have no allergies to Iodine (seaweed) \_\_\_\_\_initial
- I am not Epileptic \_\_\_\_\_initial
- I do not have heart circulation problems \_\_\_\_\_initial
- It is recommended to discontinue use of all AHA's, glycolic, Retin A, Renova or any exfoliating products for up to two days post skincare procedure. Using hydrating, soothing and antioxidants for soothing. No sun exposure or tanning beds for up to 72 hours.
- ( Recommended) to use at least SPF 30 sunscreen \_\_\_\_\_initial
- I am over 18 years of age, or have parental consent co-signed below \_\_\_\_\_initial
- I will call to inform of any complications or concern I may have as soon as they occur \_\_\_\_\_initial
- I have been off Accutane for at least 6 months \_\_\_\_\_initial
- Payment has been explained to me \_\_\_\_\_initial
- Missed appointments not cancelled within 24 hours will be charged full fee \_\_\_\_\_initial
- Late appointment may need to be rescheduled or appointment modified \_\_\_\_\_initial



### **Skin Care Consent Form**

I certify that the above information is correct to the best of my knowledge. In accordance with the law, Aesthetics/Skin Care Therapy cannot cure, treat, prevent or diagnose any condition. These treatments are used as regimens for improving skin appearance and wellness. Information exchanged during any session should be given at my own discretion.

Because certain aesthetic treatments should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the skin care therapist updated as to any changes in my health prior to any future sessions and understand that there shall be no liability on the therapist's part nor on the part of Aesthetics by Constance and its affiliates should I fail to do so.

The therapist reserves the right to refuse service to anyone for any reason.

If I experience any pain or discomfort during the session, I will immediately inform the therapist so that the products and/or techniques may be adjusted to my level of comfort.

By signing below I acknowledge that I have read and understand all parts of this consent/intake form, and that I have had the opportunity to ask any questions with regard to any services or therapies offered.

All client information is confidential.

Clients Name:

Printed \_\_\_\_\_

Client Signature and/ or adult signature if client is under the age of 18 \_\_\_\_\_

Date of treatment (consultation) \_\_\_\_\_